

Delaware Valley Plastic Surgery, P.A.

EVAN S. SOROKIN, M.D.
PLASTIC & RECONSTRUCTIVE SURGERY



It is important to avoid certain medications prior to surgery. The following medications can have effects on bleeding, swelling, increase the risk of blood clots, and cause other problems if taken around the time of surgery.

Please notify me if you are taking any Vitamins, Herbal Medications, or Natural Supplements as these can also cause problems during your surgery and should not be taken for the two week period before surgery and one week after surgery.

It is extremely important that if you come down with a cold, fever, rash, or "any new" medical problem close to your surgery date, you should notify me immediately.

Section One:

The following drugs contain aspirin and/or aspirin like effects that may affect your surgery (abnormal bleeding and bruising). These drugs should be avoided for at least two weeks prior to surgery.

A.P.C.	Ecotrin	Nuprin
A.S.A.	Emprin with Codeine	Orudis
A.S.A. Enseals	Endep	Pabalate-SF
Advil	Equagesic Tablets	Pamelor
Aleve	Etrafon	Parnate
Alka-Seltzer	Excedrin	Pepto-Bismol (all types)
Alka-Seltzer Plus	Feldene	Percodan
Anacin	Fiorinal	Persantine
Anaprox	Fish Oil	Phenteramine
Ansaid	Flagyl	Phenylbutazone
Argesic	Four Way Cold Tablets	Ponstel
Arthritis pain formula	Gemnisyn	Propoxyphene Compound
Arthritis strength Bufferin	Ginko	Robaxisal
Arthropan Liquid	Ginseng (all types/brands)	Rufen
Ascriptin	Gleprin	S-A-C
Asperbuf	Goody's	Saletto
Aspergum	Ibuprofen (all types)	Salocol
Aspirin (all brands)	Indocin	Sine-Aid/Sine-Off/Sinutab
Atromid	Indomethacin	SK-65 Compound
B.C. Tablets & Powder	Lanorinal	St Joseph's Cold Tab
Backache Formula	Lioresal	St. John's Wort (all types)
Bayer Children's Cold Tablets	Magan	Sulindac
Buf-Tabs	Magsal	Synalgos
Buff-A Comp	Marnal	Tagamet
Bufferin	Marplan	Talwin Compound
Buffets II	Medomen	Tenuate Dospan
Buffinol	Methocarbamol with Aspirin	Tolectin
Butazolidin	Micrainin	Toradol
Caffergot	Midol	Triaminicin
Cama Arthritis Pain Reliever	Mobidin	Trigesic
Carisoprodol	Mobigesic	Trilisate Tablets/Liquid
Clinoril	Momentum Muscular	Uracel
Congespirin Chewable	Motrin	Vanquish
Cope Tablets	Nalfon	Verin
Damason P	Naprosyn	Vitamin E (more than 400u/daily)
Darvon	Naproxen	Vitamin C (more than 2000mg daily)
Disalcid	Nardil	Voltaren
Dolobid	Nicobid	Zorprin
Dolprin	Norgesic	
Easprin	Norgesic Forte	

Section Two:

The drugs listed below can have undesirable side effects that may affect your anesthesia or surgery. Please let me know if you are currently taking any of these medications.

Achromycin	Ephedrine	Procarbazine HCL
Adapin	Extrafon	Pseudoephedrine
Amitriptyline HCL/MCL	Flexeril	Sinequan
Amoxapine	Imipramine HCL	Sumycin
Anafranil	Isocarboxazid	Sumontil
Asendin	Limbitrol	Tetracycline
Aventyl	Ludiomil	Tofranil
Carbamezapine	Maprotiline HCL	Tranlycypromine
Co-Tylenol	Matylane	Tri-Cyclen
Comtrex	Medipren	Triavil
Desipramine HCL	Mystecin-F	Trimipramine maleate
Desyrel	Norpramin	Viagra
Dilantin	Nortriptyline HCL	Vibramycin
Doxepin HCL	Novahistine	Vioxx
Effexor	Omada	Vivactil
Elavil	Perphenazine	Zomax
Ephredra	Phenelzine sulfate	

Section Three:

DIET PILLS. Patients having surgery must discontinue any diet pills for at least 2 weeks prior to surgery. This includes but is not limited to Phenteramine, Reduz, Ephedra (any type,) and **both** *Prescription* and *Over-the-counter Non-Prescription* Diet Pills. Please call me if you have any questions about this policy, but the unknown risks of these substances (however small it may be) is simply not worth it when having an elective procedure. Failure to abide by this policy may result in cancellation of surgery.

Section Four:

Foods to avoid! The following foods contain aspirin like products which can cause excessive bruising. Please avoid for two weeks prior to surgery.

Almonds	Curry	Pickles
Apricots	Grapes	Plums
Berries	Jellies or preserves	Prunes
Cherries	Nectarines	Raisins
Cucumbers	Oranges	Tomatoes or Tomato Products
Currants	Peaches	Vinegar
		Wine