

Incision / Suture Care

- Keep the affected area dry for the first 24 hours.
- Beginning at that time, cleanse the area gently with Q Tips and/or gauze squares dipped in ***half-strength hydrogen peroxide solution***. In order to prepare half-strength peroxide solution, purchase routine 3% over-the-counter hydrogen peroxide and dilute half way with an equal amount of tap water. It is not necessary to use sterile, distilled, or spring water.
- Next, using a Q Tip, apply an antibiotic ointment such as Bacitracin, Polysporin, or Neosporin (Both over-the-counter)
- Cover the wound with either telfa strips and 4x4 gauze mimicking the postoperative dressing.
- Utilize the ***minimal*** amount of tape necessary to secure the dressing as tape adhesive can be irritating to surrounding skin.
- Keep the wound clean, moist, and covered at all times unless instructed otherwise. Do not allow the wound to dry out and become covered with a crust.
- Continue this process for three more days and then discontinue. At this point the wounds can be left open to air or covered with a light gauze but ointment should be stopped.
- As a wound heals, a small amount of redness along the borders of the wound is normal. Oozing normally occurs especially during the first 24 to 48 hours. If bleeding occurs, hold firm, direct pressure with a clean gauze for 10 minutes.
- If redness increases, or you have questions or concerns, contact Dr. Sorokin at 856-797-0202.