

Delaware Valley Plastic Surgery, P.A.

EVAN S. SOROKIN, M.D.
PLASTIC & RECONSTRUCTIVE SURGERY



CARE OF YOUR DRAINS

Your drain works by suction from a compressed bulb. This removes fluid from the surgical site. As the bulb fills with fluid, the suction in the bulb decreases.

Your bulb will need to be emptied when it is half full, or approximately 4 times a day. Dr. Sorokin or the nursing staff will show you how to “milk” the drain to prevent clogging. The measurement amounts are on the side of the bulb. The bulb must be uncapped for an accurate measurement. Use the “cc” mark on the bulb for an accurate measurement. You need to keep a record of your drainage to show to Dr. Sorokin at your post-operative visit. Please take your sheet with you.

To empty the bulb:

1. Wash your hands.
2. Hold the bulb upright.
3. Unplug the drainage plug.
4. Turn the bulb upside down and GENTLY squeeze the fluid into a disposal container.
5. Recompress the bulb by squeezing it. Continue squeezing it until you have replaced the drainage plug into the pour spout. The bulb should look compressed.
6. Wash your hands.
7. Measure and record the amount of drainage, and discard the drainage.

RECORD OF DRAINAGE

<u>DATE</u>	<u>TIME</u>	<u>AMOUNT EMPTIED(CC'S)</u>	<u>TOTAL PER DAY(CC'S)</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

BRING THIS FORM WITH YOU TO ALL OFFICE VISITS WHILE DRAIN IN PLACE!